



“Alice Hyde’s Palliative Care Program will allow me to continue to participate in the care of the terminally

ill and help achieve the unmet needs of symptom management, emotional support and respectful treatment among adults who are facing serious illness within our community.”

*Myrna Sanchez, M.D.,
Board Certified in Hospice &
Palliative Care Medicine*

“Alice Hyde’s Palliative Care Program has been put into place to help our patients, with life threatening or life limiting illness, to receive relief of their suffering and achieve the best possible quality of life.”

- Virginia Smith, R.N.

RESOURCES

getpalliativecare.org
hpcanys.org
compassionandsupport.org

For more information,
please contact
your health care provider or
visit alicehyde.com

AHMC’S MISSION:

**“Building a Healthier
Community Together”**

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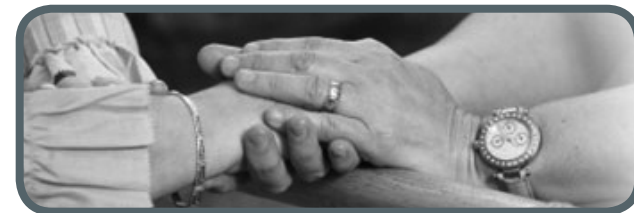
PH: (518) 483-3000

Toll Free: (800) 724-0479

Hearing Impaired TTD: (518) 481-2402



Alice Hyde Medical Center’s PALLIATIVE CARE PROGRAM



PALLIATIVE CARE CORE TEAM:

MYRNA A. SANCHEZ, M.D.
BOARD CERTIFIED IN HOSPICE & PALLIATIVE CARE MEDICINE
VIRGINIA SMITH, RN.

Advanced medicine. Compassionate care.

What is the Palliative Care Program?

The Center to Advance Palliative Care defines Palliative Care as “Interdisciplinary healthcare specializing in relief of suffering and achievement of best possible quality of life for patients with advanced illness, and their families. It is offered simultaneously with all other appropriate medical treatment.”

Palliative Care can help at any stage of a serious illness and at the same time as curative treatment. It is different from Hospice care where you need to have a prognosis of 6 months or less and forego curative treatment.

How does the Palliative Care Program work?

The Palliative Care Team provides assistance with:

- Pain & symptoms management (Shortness of breath, nausea, vomiting, etc.) for patients with advanced illness.
- Emotional and spiritual support for patients and family members.
- Advance Care Planning (DNR, Healthcare Proxy, Living Wills, etc.)
- End-of-Life decision making

Who is appropriate for a referral?

Hospitalized patients and Alice Hyde Nursing Home residents with:

- Life threatening or life limiting illness— typically cancer, dementia, congestive heart failure (CHF), chronic obstructive pulmonary disease (COPD), stroke or, end stage renal or liver disease.
- Deteriorating medical condition and in need of symptom management.
- Unacceptable level of pain, uncontrolled symptoms (nausea, vomiting), or uncontrolled psychosocial or spiritual issues.



How do I get a referral the Program?

Anyone can request a consultation (patients, family members, or any healthcare professional). Once a request is made for a consultation, your primary care provider is contacted for his/her approval.

The Palliative Care Team evaluates patients and makes the appropriate recommendation to the referring physician and provides follow-up as needed. The Team does not take over the patient care.

ALICE HYDE
MEDICAL CENTER'S
PALLIATIVE CARE TEAM
INCLUDES:
PHYSICIANS
NURSES
CASE MANAGERS
SPIRITUAL COUNSELORS
PHARMACISTS
SOCIAL WORKER